

#### DAY 1: THE WORLD

Create an I-Spy telescope using a cardboard tube. Take your telescope on a walk and thank God for things he has made as you spot them through the telescope. Ask God to show you ways to look after his creation as you look through the telescope.

### DAY 2: THE REFUGEE

Ask an adult to help you understand what a refugee is. You could ask them to watch this video with them (https://www.youtube.com/watch?v=CRk8eaW3X1Y)

Find out together where people are leaving and where they are going. Using a world map or globe, find the countries and pray that God will comfort and protect those people.

### DAY 3: CHILDREN AND YOUNG PEOPLE

Create a chain of people and decorate them to look like children you know; make one of them you. As you draw, ask God to help us to love Him more and to show his love to those around us.

### **DAY 4: FREEDOM CENTRE**

Ask an adult to take you to the Freedom Centre (or find the direction from your home and reach out your hands), stand outside and pray that everyone that goes in will know the love of Jesus.

# **DAY 5: THE CHURCH**

Use masking tape or chalk to draw a large church building on the floor and stand insideremember that you are the church.

Ask God to bless the church in Romsey. Pray that we would love others like Jesus. Ask God to help our leaders to lead well.

## DAY 6: MENTAL HEALTH

If you are unsure, ask an adult to help you understand what mental health is- we all need to take care of our minds just like we do our bodies. Blow some bubbles. As you do, imagine each one as a worry or fear, watch them pop as you tell God about the worry. Know that God is with you and that he cares for you.